# Resources for Responding to Schools Shootings and Violence

May 2022

**INITIAL CRISIS RESPONSE**

[**SAMHSA's Disaster Distress Helpline**](https://www.samhsa.gov/find-help/disaster-distress-helpline)Call 1-800-985-5990 or text TalkWithUs to 66746 to connect with a trained crisis counselor.

[**National Center for School Crisis and Bereavement (NCSCB)**](https://www.schoolcrisiscenter.org/)If your school is experiencing a crisis, contact the Center at 1-877-53-NCSCB (1-877-536-2722) or [helpnow@schoolcrisiscenter.org](mailto:helpnow@schoolcrisiscenter.org).

[**National Association of School Psychologists (NASP)**](https://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/direct-crisis-support)To request support in the event of crisis, contact:NASP Office at 301-657-0270 during normal business hours ET, oremail[Katherine Cowan](mailto:kcowan@naspweb.org), NASP Director of Communications or[Kathy Minke](mailto:kminke@naspweb.org), NASP Executive Director.

**DISTRICT AND ADMINISTRATOR RESOURCES**

[**Recovery From Large-Scale Crises: Guidelines for Crisis Teams and Administrators**](https://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/recovery-from-large-scale-crises-guidelines-for-crisis-teams-and-administrators)*National Association of School Psychologists (NASP)*

[**Guidelines for Responding to the Death of a Student or School Staff**](https://www.schoolcrisiscenter.org/resources/guide-responding-death/)*National Center for School Crisis and Bereavement (NCSCB)*

[**Psychological First Aid For Schools (PFA-S) Field Operations Guide**](https://www.nctsn.org/resources/psychological-first-aid-schools-pfa-s-field-operations-guide)*National Child Traumatic Stress Network (NCTSN)*

[**Responding to School Violence: Tips for Administrators**](https://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/school-violence-prevention/responding-to-school-violence-tips-for-administrators)  
*National Association of School Psychologists (NASP)*

[**School Crisis Guide: Help and Healing in a Time of Crisis**](https://www.nea.org/resource-library/neas-school-crisis-guide)  
*National Education Association (NEA) Healthy Futures*

[**Safeguarding Our Children: An Action Guide**](https://www2.ed.gov/admins/lead/safety/actguide/index.html)  
*U.S. Department of Education*

**SUPPORTING STUDENTS**[**Talking to Kids about Tragedies (Such as Shootings and Terror Attacks) in the News**](https://www.schoolcrisiscenter.org/resources/talking-kids-about-tragedies/)*National Center for School Crisis and Bereavement (NCSCB)*

[**Talking to Children About Violence: Tips for Parents and Teachers**](https://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/talking-to-children-about-violence-tips-for-parents-and-teachers)*National Association of School Psychologists (NASP)*

[**Teacher Guidelines for Helping Students After Mass Violence**](https://www.nctsn.org/resources/teacher-guidelines-helping-students-after-mass-violence)*National Child Traumatic Stress Network (NCTSN)*

[**Tips for Talking with and Helping Children and Youth Cope After a Disaster or Traumatic Event: A Guide for Parents, Caregivers, and Teachers**](https://store.samhsa.gov/product/tips-talking-helping-children-youth-cope-after-disaster-or-traumatic-event-guide-parents/sma12-4732)*SAMHSA*

[**Restoring a Sense of Safety in the Aftermath of a Mass Shooting: Tips for Parents and Professionals**](https://www.nctsn.org/resources/restoring-sense-safety-aftermath-shooting-tips-parents-and-professionals)  
*Center for the Study of Traumatic Stress (CSTS)*

**SUPPORTING EDUCATORS, CAREGIVERS, AND RESPONDERS**

[**Care for the Caregiver: Guidelines for Administrators and Crisis Teams**](https://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/care-for-caregivers-tips-for-families-and-educators/care-for-the-caregiver-guidelines-for-administrators-and-crisis-teams)*National Association of School Psychologists (NASP)*

[**Tips for Survivors: Coping with Grief After Community Violence**](https://store.samhsa.gov/product/Coping-With-Grief-After-Community-Violence/sma14-4888)*SAMHSA*

[**Care for Caregivers: Tips for Families and Educators**](http://www.nasponline.org/resources-and-publications/resources/school-safety-and-crisis/care-for-caregivers-tips-for-families-and-educators)*National Association of School Psychologists (NASP)*

[**When Terrible Things Happen: For Adults**](http://www.nctsn.org/sites/default/files/pfa/school/11-PFA_for_Schools_terrible_things_adults.pdf)*National Child Traumatic Stress Network (NCTSN)*

[**Organizational Resilience: Reducing the Impact of Secondary Traumatic Stress on Front Line Human Services Staff**](https://tinyurl.com/recast-sts)*Project AWARE TA Center*

[**Secondary Traumatic Stress**](https://www.acf.hhs.gov/trauma-toolkit/secondary-traumatic-stress)*Administration for Children and Families*

[**Secondary Traumatic Stress: A Fact Sheet for Child-Serving Professionals**](http://nctsn.org/sites/default/files/assets/pdfs/secondary_traumatic_tress.pdf)*National Child Traumatic Stress Network (NCTSN)*

[**Tips for Disaster Responders: Preventing and Managing Stress**](https://store.samhsa.gov/product/Preventing-and-Managing-Stress/sma14-4873)*SAMHSA*

Adapted from “Resources for Responding to Mass Shooting Violence”.   
*Project AWARE TA Center and Safe Schools/Healthy Students TA Center Staff. 2017.*