

# COVID-19 Support Resources from the U.S. Centers for Disease Control and Prevention (CDC)

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## GENERAL COVID-19 RESOURCES

### [Centers for Disease Control and Prevention \(CDC\) COVID-19 Resources](#)

Visit the CDC's full COVID-19 website for the latest updates, key information, and guidance on COVID-19 and what individuals, families, schools, and communities can do to slow the spread of the virus.

## RESOURCES FOR SCHOOL LEADERSHIP

### [Guidance for Schools and Childcare Programs: Before and During an Outbreak](#)

This webpage provides steps for schools and childcare centers to respond appropriately to the COVID-19 outbreak and includes FAQs, cleaning and disinfection recommendations, checklists for teachers and parents, and considerations for school closures.

### [Preparing for a Safe Return to Schools](#)

This webpage offers guidance to aid school administrators as they consider how to protect the health, safety, and wellbeing of students, teachers, other school staff, their families, and communities and prepare for educating students this fall.

### [Cloth Face Masks in Schools](#)

This webpage offers guidance for K-12 school administrators on the use of cloth face coverings in schools.

## RESOURCES FOR SERVING CHILDREN WITH DISABILITIES

### [Operating Schools during COVID-19](#)

This webpage offers considerations for mitigation strategies that K-12 school administrators can use to help protect students, teachers and staff and slow the spread of COVID-19. Considerations include planning and preparation for students with disabilities or special healthcare needs.

### [Precautions for People with Developmental and Behavioral Disorders](#)

This webpage provides information on extra precautions for people with developmental and behavioral disorders.

### [Precautions for People with Disabilities](#)

This webpage provides information on extra precautions for people with disabilities.

### [Guidance for Direct Service Providers](#)

This webpage offers information and guidance for personal care attendants, direct support professionals, paraprofessionals, therapists and others providing home and community-based, health-related services that support people with disabilities.

### [Guidance for Providers, Caregivers, and People with Developmental and Behavioral Disorders](#)

This webpage offers information and guidance for direct service providers, caregivers, parents and people with developmental and behavioral disorders.

## **RESOURCES FOR SOCIAL/EMOTIONAL WELLBEING OF CHILDREN**

### [COVID-19 Parental Resources Kit](#)

This kit offers resources to help support parents, caregivers and other adults serving children and young people in recognizing children and young people's social, emotional, and mental health challenges and helping to ensure their well-being. Offers information and resources for specific age groups, from early childhood (0-5 years), childhood (6-12 years), adolescence (13-17 years) and young adults (18-24 years).

### [Helping Children Cope](#)

This webpage offers information for parents to help their children cope with COVID-19, including behavior changes to watch for in your child, ways to support your child and resources to get immediate help.

### [Support for Teens and Young Adults](#)

This webpage offers information for teens and young adults to help manage stress related to COVID-19.

## **RESOURCES FOR FOSTER CARE SETTINGS**

While the CDC does not provide guidance specifically targeted to the types of child care institutions in which some children in foster care reside, it does provide specific [guidance for households](#) that should be helpful to foster family home providers.

## OTHER RESOURCES OF INTEREST

The [How Right Now](#) Initiative (funded by the CDC Foundation) is intended to help address people's feelings of grief, loss and worry and support them in building resiliency throughout the pandemic and beyond. A [toolkit](#) of resources is available for partners to share ready-to-post social media content and resources, including powerful videos of everyday people sharing their experiences, celebrity PSAs and expert videos.

[COVID-19 Resources](#) offered by the Administration for Children and Families at the U.S. Department of Health & Human Services.